

SESSION PREPARATIONS

Heart In Hand Equine Specialty

Unfortunately, when we are working with horses, there are a lot of external factors that we have zero control of such as, weather, environment, the horse's present health condition, etc. I strive to be very accommodating and have a reputation for my creativity and commitment to provide you and your horse with the appointment that was scheduled.

UNSOUNDNESS

I often work with horse's who have some degree of injury. I also have done in-person assessment with horse's only to tell the owners that my work is not the most important, but that the horse needs a vet. **HH Equine Specialty does not replace a vet or prescribe medications.** *If your horse is displaying pain, as of January 2024, I will be requesting a virtual assessment. For more information on virtual assessments, please return to the download links on the services page and click "Virtual Assessments."* This is to support the horse's needs and ensure the horse is getting the best professional for the problem at hand. This also gives direction to horse owners on where their money will have the most impact with their horse. I help horse's everyday with unsoundness, but there are many situations where I am not the right professional, and as your hired professional equine specialist, it is my oath to guide you in the direction I believe is best for you and your horse.



Everyone who has a confirmed appointment with Heart In Hand Equine Specialty understands that: failure to have a completely dry body (aside from the neck) or shelter is subject to **full charge** of a session even if bodywork can't be done & if your dog jumps on my truck there will be **additional charges** for damage of property.



THE PREDICTABILITY OF THE UNPREDICTABLE

I try really hard to make any circumstance work, but there are a few things that heavily affect your horse's session and the value of your session.

Blanket your horse when there is expected precipitation, or blanket the night before to ensure they are completely dry for their session. Dryness is necessary. I have tried modifying my session for damp/wet horses and it simply never works. Don't blanket your horse regularly? That's okay! 12-24 hours prior to your scheduled session in a blanket will not affect the integrity of the winter coat. Blankets may also have an important therapeutic purpose for the appointment if the weather is colder and the horse needs warmth to relax muscles.

Shelter from the elements. Please have a location that is covered (hay barn, lean two, wood shed, barn, etc.) that is safe to bring your horse and I into to get out of the weather. This undercover space should be well de-sensitized to your horse and should not be a "new" location for them the day of their appointment. It is important the body is in a relaxed state for optimal benefits that bodywork offers.

ADDITIONALLY

- Have your horse caught and brushed prior to their appointment time.
- Have bug spray available for their session.
- Please have dogs under control or tied prior to my arrival. Dogs that jump on the side of my truck will result in additional damage fees.
- Dress yourself warm if the temperatures are cool! I generally work to -15°C.